CAVALIERS CONNECT

Presented by the CHS Counseling Department

AUGUST
THEME:
RECONNECT

RE-CON-NECT
VERB

1. CONNECT BACK
TOGETHER.

2. RE-ESTABLISH A
BOND OF
COMMUNICATION
OR EMOTION

SYNONYMS:

RECOMBINE, REJOIN, REUNIFY, REUNITE



As we reflect on last year, there is no question that we faced numerous challenges both academically and personally. Now, more than ever, it is time for CAVS Nation to come together to Rise as One. So, where do we begin? Let's start by reconnecting with each other!

CAVS CONNECT

C - COMMUNICATE with friends, teachers, and staff

A - ADVOCATE for yourself and others

V- use your VOICE to support others

S - SET the tone with a positive mindset

C - COLLABORATE - we are better together

O - OPEN your mind - come ready to learn

N - NAVIGATE - stay on track with your goals

N - NO NONSENSE - avoid foul play

E - EMPATHIZE with others

C - CONNECT with others - get involved

T - TOGETHER we rise as one!

"In a world full of algorithms, hashtags and followers, know the true importance of human connection"~Simi Fromen